

epilepsy report

Epilepsy Association of South Australia and the Northern Territory Inc

How to Raise a Kid with Epilepsy Coping with Stigma: Part 1



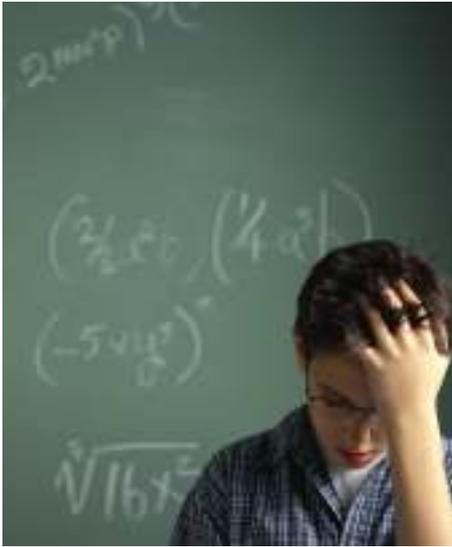
Epilepsy has been known to man for thousands of years. Over that time, epilepsy and seizures have been subjected to many interpretations and beliefs. Some cultures have prized epilepsy. Persons with seizures were felt to have extraordinary powers to understand the world, see into the future, or heal the sick. In those cultures, people with epilepsy were given special roles as leaders, priests, and healers. "Western" cultures have not been so kind. Epilepsy was interpreted in the context of

early religious understandings of the world that cast everything in terms of good or evil. For centuries, bad events were thought due to demons or the devil. Seizures ranked high among these evil acts. Over generations, the notion that a person with seizures was possessed by something evil took deep root in our culture.

Even though modern medicine (a very recent development in human history) learned that epilepsy was a common

variation in biology, the roots laid down by centuries of misunderstanding have yet to be pulled from our social consciousness. While medicine and now epilepsy advocacy (just appearing in human history) are beginning to make slow progress, the dark and widespread feeling that epilepsy is a bad thing persists in our society today.

Continued page2



Epilepsy is undoubtedly the last medical disorder to be so greatly punished by the assertion that seizures are a sign of emotional disturbance and intellectual retardation.

Culture hides stigma within you

Even though our conscious minds reject these old stigmas, the roots of our culture run deep within us. From dark and unseen depths, feelings that epilepsy is bad continue to influence our thoughts and behavior – and also that of our friends, neighbors, playmates, teachers, and everyone else.



Certain stigmas about epilepsy occur over and over in our culture. Ideas that people with epilepsy are not as bright as others, that they cannot get along by themselves, that they are more emotionally fragile than others, and that seizures are a horrible embarrassment are all planted deep in our minds by our culture. I am no exception. When I started my first job at UCLA, people would ask me what I was doing. My answer, "I study neurological disorders." I couldn't bring myself to say, "I study epilepsy." I felt embarrassed by epilepsy and also very ashamed at my own behavior.

Even though I had never known anyone with epilepsy, our cultural stigma was strong enough to change the behavior of a psychologist who should have known better. A good education, knowledge about epilepsy, and at least some degree of intelligence were no match for our culture's demons.

To this day I cannot tell you where or when or how I learned these stigmas.

It took conscious effort to face and defeat the stigma I felt. The good news is once you find the stigmas culture has rooted in you; they are surprisingly easy to pull up.

I'll bet you couldn't tell me when you learned either. Some of you might even claim to be free of such thoughts, but they are in you. Doubt me? How many of you, upon finding out your child has epilepsy, thought of the outstanding grades she would achieve in school and the economic success she would enjoy as an adult. Or did you worry if she could keep up with school and if she would be able to live on her own as an adult?

One of the biggest threats to our children with epilepsy is that they will learn the same cultural stigmas we adults have. How can you stop a process that already happened to you when you have no idea when, where, or how it happened? Can you imagine what will happen to your son's or daughter's self-esteem when they learn those same lessons that people with epilepsy are dumb, unable to fend for themselves, and are emotionally unstable? If they are filled with these stigmas, what ambition will they have left for careers? How can they succeed even if they have the talent?

The Real Cause of Stigma in Epilepsy

For at least 50 years conventional wisdom said all the ills of epilepsy were due to social stigma. For decades epilepsy groups have railed against social stigma and the insensitivity and outright malevolence of society in ruining the lives of people with epilepsy. Despite blame assigned and the campaigns conducted, progress against this "evil" is limited at best.

People with epilepsy still suffer impaired social and economic success. Watching this for two-and-a-half decades, I wonder if we have the cause of the problem right. Social stigma is an interesting animal when applied to epilepsy.

Undoubtedly you and your child have encountered an unkind word or misconception on occasion. Possibly the school denied you services.

But if you were forced to write down each encounter after it happened, how full would your diary be after a month? How serious would each offense be?

There is some serious discrimination out there, such as job discrimination. However, I suspect that if you went back and read over your diary, you would discover that acts of discrimination only occurred once and a while.

I also think you would discover that most of what others did or said was rather minor (even if they upset you) and were almost always without conscious intent to hurt or insult you or your child.



There is no question our culture stigmatizes epilepsy. But the average man on the street is too busy with his own life to confront your child with stigma at every turn. If people in society are too busy with their own problems to teach such powerful cultural lessons to your child, where do those lessons come from?

Stigma is taught by the family

Before we are parents, before we even contemplate marriage, culture had placed its values in us. Almost all of them are beneath conscious perception. We come to parenthood with a fairly full slate of cultural values powerful enough to make us do some things we would never choose if we knew they were happening. Being bright and having an advanced degree doesn't render us immune. Being compassionate and loving does not stop culture's effects. Only knowledge and self-awareness can trump culture's grip on our daily lives.

The family teaches culture to our children. School and friends may add some to the lessons, but pale in comparison to the family. Society as a whole carries only a little weight. If society had the real power, there would not be crime families or cults. Whatever constitutes a "family" for a child, whether traditional or bizarre in composition, determines most of what that child will become.



The child lives within the family every day. The family provides the child with a model for how to interact with the greater world. Initially the child starts out with no skills or knowledge at all. The family teaches the child how to speak and how to behave with others.

These "how-to's" are steeped in cultural values: Depending upon the family's culture, the child learns it will be praised for getting excellent grades and punished for showing off. Through every interaction, through every bit of knowledge taught, the family includes cultural values. The process is not obvious because much of teaching is not done in words.

Most is done through the example of the parents' own behavior and as a consequence of the parent's childrearing decisions. Some of these are easier to trace out than others. For example, the son who becomes a Marine because from age 3 on his father praised his father's service in the corps and told and



retold his own stories of daring and achievement in the Marines. The same father might have taken his son to the woods at every chance, teaching him about the plants and keeping wild pets.



That boy would have become a biologist. In both cases the parent decided certain activities were important to raising the child – though that decision may not have been made consciously. In the Marine example, the father may have unselfconsciously carried out the cultural training from his own father.

As you have surely figured out already, it is up to the parents to teach the stigmas of epilepsy. As in the examples above, these lessons are not taught in so many words. They are taught by childrearing decisions and actions that parents consistently take. Often parents are not even aware their actions are teaching.

Remember the story of Johnny from last month's article? Mom and Dad did not realize when they said "No" to Johnny's request to play baseball with the other kids, they were teaching Johnny to fear seizures and to fear being by himself.

The *disorder of anticipation* was shaping the parents' decisions and behavior outside their awareness. They did not have the training to see the consequences for Johnny. Using the same pattern repetition over the years as the future Marine and biologist, Johnny learned lifelong fear and a disabling discomfort at being alone.



Robert J. Mitten, Ph.D.
Seizures & Epilepsy Education (S.E.E.)
www.theseeprograms.com
in *Exceptional Parent* magazine,
Volume 35, Issue 11,
pages 58-66, Oct. 2005 (reprinted with permission.) www.eparent.com

Part 2 of How to Raise a Kid with Epilepsy : Coping with Stigma: will continue in the next edition of the Epilepsy Report.

Special General Meeting

at
The Epilepsy Centre
266 Port Rd, Hindmarsh

**Wednesday 15 October,
3.00pm**

RSVP 8 October 2008
Phone: 1300 850 081



A Special General Meeting of the Epilepsy Association of SA and the NT Inc, will be held at The Epilepsy Centre on

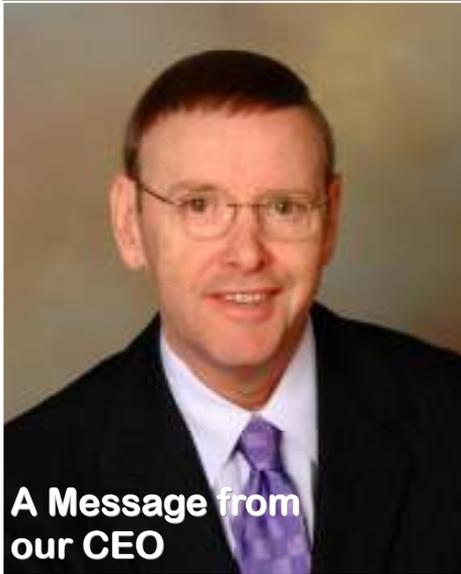
**Wednesday 15 October 2008,
3.00pm**

at The Epilepsy Centre, 266 Port Road, Hindmarsh, 5007

The Board has enabled our Constitution to be updated and we will ask members to endorse the proposed changes to the Constitution. This new document will then replace the existing Constitution adopted on 8 November 2006.

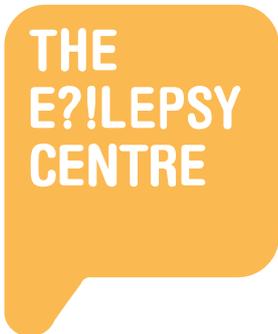
A document outlining two proposed changes to our Constitution, which will be voted on in the meeting, has been forwarded to members.

If for some reason you haven't received your letter or you just haven't gotten around to joining or renewing your membership, then please don't delay as you must be a 2008-2009 financial member to vote.



A Message from our CEO

Robert Cole



Greetings.....

The main purpose of this magazine is to explore issues that are of importance to people living with epilepsy and to share with you, the reader, news on the ways in which these issues are being addressed.

The Epilepsy Centre has been working feverishly, throughout South Australia and the Northern Territory, most recently achieving another milestone with the establishment of an office in Darwin. At the moment our Client Services Manager, Mark Francis, who has just returned from the Northern Territory, is making trips several times a year to help those in need, however we hope to secure funding to appoint an Epilepsy Nurse in the near future.

We focus on helping people living with epilepsy and on reaching out to those marginalized by this condition. I have often been struck that epilepsy does not respect boundaries and is not confined to any group of people in our community. This is confirmed as the need for our services skyrockets as people become more aware that The Epilepsy Centre is here and that we're here to help.

Like many community organisations we operate with limited resources, but thankfully we have always been blessed with wonderful staff and volunteers. Recently more volunteers have generously joined the ranks. Everybody plays a valuable role and many of these have been highly skilled people, helping us to deliver programmes and even to put this magazine together. Volunteers are the life blood of community organisations. I'd like to thank those that so generously give of their time and I'd like to welcome other volunteers who can help us in our work.

The Epilepsy Centre does not receive government funding and we raise all of our own funds to operate and to provide services. Our "Great Escape" lottery commenced selling in September and has travel and cash as the major prizes.

Please go to our website to purchase you ticket, or call 1300 850 081.

I hope you enjoy this edition of the Epilepsy Report

Welcome



Pictured: Judi Florean

The Epilepsy Centre would like to welcome Judi Florean to our team, who is going to be working as a volunteer Epilepsy Educator.

Judi understands the challenges of people living with Epilepsy through personal experience, her 10 year old son has Epilepsy.

She is currently a Nursing student at Flinders University and has a background in teaching.

Concerned with the lack of education within the wider community in regards to Epilepsy, Judi in conjunction with The Epilepsy Centre has developed the Epilepsy Awareness School Education (E.A.S.E) program. The aim of this exciting program is to educate every school in South Australia, students, teachers and the wider community to remove the stigma associated with epilepsy.

The EASE training program includes:

- Epilepsy awareness training for school staff to enable them to respond responsibly to an epileptic seizure incident
- Educating children on what they can do to help
- Provide informational resources

Each school participating will be registered on our web site as a registered Epilepsy Aware School and they will receive a wall plaque and certificate in recognition of their completed training and registration. The Department of Education and Children's

Services (DECS) has approved the program and implementation has begun by several schools already registering for the EASE program.

The Epilepsy Centre is very excited about E.A.S.E, which will further compliment the other services provided by the centre.

If you would like more information regarding the EASE program, call the client services team on 1300 850 081.

Dates of Interest

- September 29 to Oct 1, E-Camp, Woodhouse**
- October 8, Pot o' Gold draw
15, Special General Mtg**
- November 12, AGM**
- December 7, Christmas Party for Special Children
Family Fun Day (TBC)**

Coffee and Conversation

Coffee at a venue near you so that you can meet informally and catch up with people/families that are affected by epilepsy: We will have a red rose on the table nearest to the door so that you can recognise us.

Wed 10th September 10.00am

Billy Baxter's
Westfield Shopping Centre,
Tea Tree Plaza

Wed 24th September 10.00am

Gloria Jean's Borders Bookshop,
Rundle Mall

Wed 8th October 10.30am

BB's Coffee,
Munno Para Shopping Centre

Wed 22nd October 10.00am

Spargo's,
Noarlunga Shopping Centre

Wed 12th November 10.00am

Gloria Jean's Coffee,
West Lakes Shopping Centre



Future dates will be published in the next edition of the Epilepsy Report. Please phone Pam on 1300 850 081 to register your interest

Swing Corner

Ever wanted to be able to dance to Swing Music?

Swing Corner, a supporter of The Epilepsy Centre, can help you rip up that dance floor!.

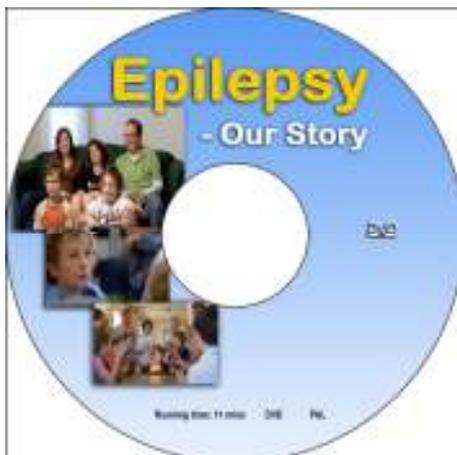
Add some Lindy Hop to your rock'n' roll, or swivel your hips to that swing beat!

You can share in the fun at any of their dance classes or Swing Corner extravaganzas.

For more information, check out their web site on www.swingcorner.com or contact Vicki on 0408 828 895 or Geoff on 0418 899 506



New DVD



The Epilepsy Centre website, www.epilepsycentre.org.au, now has instructional videos showing how to administer Intranasal Midazolam.

While these videos are not for training purposes, they are ideal for anyone using Intranasal Midazolam and who needs a refresher on how to administer the medication. They are also for parents who have been given the option of using Intranasal Midazolam but would like to see the process before making a decision.

We also have available a new DVD called "Epilepsy – Our Story" which tells the story of a family whose son is diagnosed with epilepsy. It follows their journey as they discover what epilepsy is

and what it means for their day to day life, including the use of intranasal Midazolam as an emergency first aid response.

The DVD runs for 11 minutes and is a great resource for parents who have had a child newly diagnosed with epilepsy or who have been given the option to use Intranasal Midazolam as a first aid response for seizures.

This DVD has been produced by The Epilepsy Centre and Sortini pictures with the help from a generous grant from the Coopers Foundation.

For more information on either of these resources, please contact the Client Services team on 1300 850 081.

FOUNDATION 
Bringing support for the community.



Mutant gene that hits only women



Pam Reynolds and son Mitchell

Adelaide researchers have pinpointed a mutant gene that causes brain disorders in women but leaves men unscathed. The discovery is a breakthrough in the understanding of a specific type of epilepsy. While men and women carry the mutant gene, only women are affected by it. The reason men remain safe is a mystery. The research, by

Women's and Children's Hospital and University of Adelaide scientists, will be published today in *Nature Genetics*.

The discovery will allow pregnant women to be screened for the genetic mutation, which disrupts the way brain cells communicate with each other and may lead to treatments for such disorders as autism. While only seven families worldwide have been identified with the condition, known as "epilepsy and mental retardation limited to females", the researchers will broaden research to look at more common forms of epilepsy and intellectual disabilities.

Epilepsy affects about one or two in every 100 Australians, including children, and can cause potentially fatal seizures. Dr Leanne Dibbens, a senior medical scientist at the WCH and affiliate lecturer at the University of Adelaide, said the study could lead to many new areas of research and could be the key to understanding related issues such as autism and obsessive disorders. She said researchers still did not know why men are safe from the condition but suspected they may carry a second gene that protects them. "That's the mystery at

the moment," she said. "We have a lead in that we know there's a related gene that's present on the Y chromosome. It's from the same gene family and only males have the Y chromosome so this may rescue the males". In one of the families studied, the gene affected 23 women across five generations.

Advance will help families

Kurralta Park mother Pam Reynolds has two sons, one with a severe form of epilepsy that is caused by a genetic mutation. She said any research that depend understanding of the condition was welcome. "It's just so exciting that they're identifying this to help families in the future," she said of the Adelaide discovery. "We all beat ourselves up about (having children with epilepsy), so any research that identifies the reasons behind it, it takes that guilt away."

Article courtesy of The Advertiser

Brain pulse to target seizures



Pictured: Hannah Galvin

The Melbourne team that invented the Cochlear implant now is developing an implant it hopes will rid epileptics of seizures by firing electrical pulses through their brains.

Bionic Ear Institute scientists are designing the implant to monitor and record persons brainwaves to determine when a seizure is about to occur. The implant then fires an electrical discharge through their brain so the seizure never happens.

In collaboration with St Vincent's Hospital and the University of Wollongong, scientists conducted tests

on three epilepsy patients to see if the pulses could stop their seizures, after trials in rats proved they could.

Early-stage test results are being analysed. The institute is preparing a business plan to attract a corporate backer with \$7 million needed to develop a preliminary model to be used in human trials in about 18 months.

With 30 per cent of epileptics not helped by medication, institute director Rob Shepherd said the implant would make a huge difference. "The technology for stimulation is there. The technology for recording and detecting the brain waves is further away," Professor Shepherd said. The device would involve an implant below a person's skull near the affected part of their brain, connected to a power source placed in the upper body by wires beneath the skin in the patient's neck.

Trial patient Hannah Galvin, 20 of Mt Martha, Victoria, has no regrets about enduring a week in hell as a guinea pig, hoping her results will help others. Before having surgery to secure her seizures last month, she spent a week in hospital with 64 leads in her head hooked up to machines recording her brain patterns. "It was the most traumatic experience of my life but the gains outweigh the pain," Ms Galvin said.

Article courtesy of Herald Sun

Happy Birthday,



Pictured: Ronda, from The Epilepsy Centre, wishes John Barnett a happy birthday

John Barnett OAM, The Epilepsy Centre's Treasurer, is 89 years young.

John, affectionately known as JB, celebrated his birthday on 18 July surrounded by well wishing staff.

JB has provided exemplary service to the community for over 70 years and has been involved with the Epilepsy Association since 1983.

John diligently devotes four days per week to executing the role and responsibilities of Treasurer and is an asset to our team, this organisation and to this community.

The Epilepsy Centre wishes JB many happy returns!

Seizure Clinics in Alice Springs



Pictured: Mark Francis and Dr Joe Frasca

In August The Epilepsy Centre commenced Seizure Clinics in Alice Springs.

Working alongside Dr Joe Frasca from the Flinders Medical Centre, Mark Francis, Client Services Manager and RN was able to provide follow up advice and support to patients with epilepsy, visiting the outpatients Department of The Alice Springs Hospital.

Alice Springs Hospital hosts visiting Neurologists from the Flinders Medical Centre every three months. This clinic was set up as a trial to determine the need for and benefits of having a representative from The Epilepsy Centre provide follow up support to people attending the Neurology outpatient's clinics.

Feedback from patients attending the clinic was very positive with comments

such as "I didn't know the Epilepsy Centre existed. Now I know where I can get support and information when I need it". During his visit Mark also gave a talk to parents and Health Care workers on epilepsy. The talk was organised by The Special Souls Support Group, (see article on page 11)

Mark also visited some schools and existing clients. Overall the visit to Alice Springs was very productive and beneficial and we will be talking with the Alice Springs Hospital and Flinders Medical Centre Neurologists about future visits.

The Epilepsy Centre would like to thank Bernard and Sharon Gwynne of the Stuart Caravan & Cabin Tourist Park for their generous support with accommodation and their fantastic hospitality.

Pictured: Front Desk – Rose and Kerry-Anne



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**New Book
2008-09**

Young Carer's Go Wild



Pictures: Adrian

"On June 22, 2008 there was an outing with the Epilepsy Association for kids who have a brother, sister, mother or father with epilepsy. The kids spent a day at Monarto Zoological Park and from what I could tell they all enjoyed having a day out.

We all met at The Epilepsy Centre in Adelaide and left on a bus to go to

Monarto Zoo, when we arrived at the Zoo we had a look in the Gift Shop where all the animal skins are while we were waiting for the Grasslands Tour Bus to arrive. The Grasslands Tour takes you around the park to see all the herbivores that only eat grass and plants. On every bus you have guides who will explain a bit about the animals. They tell you if the animals are endangered, and if they are, they will tell you how many there are out in the wild and how many they have in the zoos, they also tell you where the animals originated from so it is a really good learning experience as well as a good place to go for a day out instead of staying at home watching TV.

Once the Grasslands Tour Bus came back we went to the Gift Shop again and also the cafeteria to sit and wait for the Safari Tour Bus to get there so we could see all of the other animals as well. When you get on the bus the first bit of the Safari tour is basically the same as the Grassland tour and you also get told about the viewing platforms where you can go and see some of the animals up close and they tell you about the bed and breakfast they have which is near the giraffe's viewing platform.

They are building another bed and breakfast at the zoo near the original home of the owners of the land, which was built out of stone and was built ages ago. If you choose to get off at any of the trails which take you to the viewing platforms you can wait for the Zoo Loop bus that will take you back to the Visitors Centre/Gift Shop area. If you stay on the bus you can see the lions and other carnivorous animals they have at Monarto Zoo. They are building a viewing platform to go in to the Lion and Painted Wild Dogs enclosure so you can see the lions and dogs up close and maybe even see them get fed. This is great for people who love lions. Once the Safari Tour was over we headed back to the Visitors Centre to have lunch at the cafeteria where the lunch was pre order so we didn't have to wait very long to eat. We had sausages, salads, chicken and coleslaw. After that great lunch we had fruit for dessert. We also had a raffle there were three winners the first prize was a big toy cheetah, the second was a small toy cheetah and the third winner got a toy meerkat.

A short time after the raffle, it was time to go home so we got on the bus and drove back home to Adelaide."

Written by Shanice

Relaxing Times in Clare



On the weekend of June 27 -29, The Epilepsy Centre held its 4th Annual Retreat for Carers.

35 people were able to take advantage of a well earned break at The Clare Country Club. Everyone took advantage of the massage which was included in the package. As people often don't have time out from their caring roles to

pamper and look after themselves, this experience was pure gold.

The Carers Retreat was deliberately kept low key with one couple stating "The carers retreat is our one opportunity in a year to have some quality time as a couple". People took time out to visit wineries or the shops of Clare, and a lovely evening meal on Saturday ensured that parents got together. "It was a fantastic opportunity to share stories with other parents of children with Epilepsy".

Everyone had a great time and we have noted the comments from the participants so that next time will be even better.

None of this would be possible without the support of The Adelaide Bank Charitable Fund who provided the funding for the retreat. Relationships that developed between parents in a supportive environment enabled a wonderful event for many people. We look forward to continuing this and are already planning for next year.



Fire Engines and more!



Our Fires, showing the kids what's hot and what's not!

Recently, 'D-Shift' of the Metropolitan Fire Brigade showed children with Epilepsy and their parents through the City Fire Station at Wakefield Street.

They were given some tips on safety in the home and what to do in the event of a fire. The main attraction of course were the fire engines! It was a busy shift as engines were deployed to various alarms in the city. The children all asked lots of questions and kids and parents alike learnt lots about this valuable service. We would like to thank the staff involved for giving up their valuable time to show us all around.

Christmas Party for Special Children



Planning for this year's Christmas Party for Special Children is now underway.

Once again the children will enjoy a wonderful day at the Adelaide Zoo on Sunday 7th December 2008, with lots of entertainment, a Zoo BBQ, drinks, ice cream and more! The star of the show, Father Christmas, will be there to thrill the children wishing them a very Merry Christmas. The toy room will be filled with over 4,000 beautiful toys where each special child will receive 2 presents.

The Adelaide Zoo and Coast FM, invites 2,100 Special Needs Children to attend this terrific event.

Each ticket allows one child (3-16 years) and one parent or caregiver to attend the party. Should a child be high dependant and need two carers to tend to their need, arrangements can be made for the second carer to gain entry to the Zoo.

Catering on the day is strictly for the children with a ticket. Adults and Caregivers may purchase refreshments from the Zoo's Cafés or from the Kiosk.

All tickets are numbered, recorded and issued in good faith for a child to receive presents appropriate to their age or ability.

The Epilepsy Centre is allotted a certain number of tickets. Due to the popularity of the Christmas Party for Special Children, we always have many more requests than we can accommodate. If for any reason someone lucky enough to get a ticket is unable to attend *please* contact Ronda and return your ticket as soon as possible so that it can be reissued to a child on the waiting list.

Please *do not* alter any ticket. Doing so could cause some children to miss out on the presents that were meant for them. The organisers of the Christmas Party for Special Children have advised that altered tickets will not be honoured.

Tickets for this fabulous event are strictly limited. **To enquire about tickets, please call Ronda on 1300 850 081 by Friday 27 September.**



Emfit Epilepsy Seizure Alarm



Bed-Monitoring Alarm System to Secure Person with Epilepsy

Emfit Epileptic Seizure Alarm is a state-of-the-art bed monitoring system, which monitors a sleeping person with epilepsy.

It is the first alarm of its type that detects both the person's convulsive seizures, which occur in bed and the person's bed-exit with the same sensor.

New, patented sensor technology detects all of a person's movements while distinguishing normal movements from epileptic seizures. Audible alarm with adjustable volume and relay output for connection to an existing nurse call system.

The Emfit seizure alarm is now available for purchase or hire from The Epilepsy Centre. (Terms and conditions apply)

Hire Cost:

Members \$25 per month
Non-Members \$55 per month

For **Purchase** costs or any further information or to book a monitor please contact The Epilepsy Centre on 1300 850 081.

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Epilepsy Association of South Australia and

the Northern Territory Inc

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Opening the e-gate



Well, you asked for it, and it's here!
The Epilepsy Centre is now part of the world of e-commerce.

Now, you can enjoy the ease and convenience of purchasing your lottery tickets, organising your membership or making a single or regular donation via the internet!

While you can still do everything you want to with us in person, just as you have in the past, for those that prefer the convenience of the www, we have provided an alternative.

The Epilepsy Centre now uses PayPal, which is an electronic payment service that enables you to securely make transactions through your credit card, debit card, or bank account.

It's the perfect solution for those that like to do things **online**.

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PayPal protects your financial information with industry-leading security and fraud prevention systems. When you use PayPal, your financial

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In addition to Verified by Visa and MasterCard® SecureCode™, your transactions are transmitted securely over the Internet using 128-bit SSL encryption and PKI digital certificate authentication.

Let your fingers do less walking

You can do all of your transactions with The Epilepsy Centre, 24 hours a day, seven days a week. PayPal is all about fitting in with your everyday schedule, be it personal or business, not the other way around.

Lottery

Lotteries run throughout the year. Prizes are to die for, ranging from superb travel to fabulous cash prizes, all with fantastic chances of winning a prize.

For more information, visit our website www.epilepsycentre.org.au and go to our Lotteries page



Cash Bonanza Lottery Results

Drawn 20th August, 2008 : Licence No M11748

1 st Prize	\$30,000	Ticket 4980
2 nd Prize	\$10,000	Ticket 3134
3 rd Prize	\$5,000	Ticket 4019
4 th Prize	\$1,500	Ticket 2340
5 th Prize	\$1,000	Ticket 4638

6th—95th Prize, \$100

5	473	1171	2045	2869	3717	4446	5212	6424	7445
30	527	1221	2102	2927	3752	4543	5313	6497	7477
49	801	1241	2347	2994	3770	4586	5607	6711	7819
87	814	1249	2366	3199	3829	4711	5658	6869	7822
185	899	1287	2375	3256	3866	4871	5706	6935	7852
200	948	1320	2469	3268	4023	4909	5913	7009	
256	975	1326	2517	3271	4116	4967	5972	7093	
302	1010	1580	2582	3277	4221	4972	6147	7235	
320	1052	1599	2660	3673	4353	4985	6255	7251	
391	1130	1700	2776	3687	4421	5151	6401	7332	

Bonus Credit Card Draw, \$1,000

Ticket 234
 Ticket 813
 Ticket 1505

**Thank you,
 your support will
 enable us to continue
 to provide much
 needed services to
 people
 with epilepsy and
 their families.**



Special Souls Support Group for Special Needs Children & their Families Alice Springs, NT

The Special Souls Support Group is for Mums, Dads, Siblings, Medical personnel, Educators, volunteers and friends of those with special little children living in Alice Springs.

Whether you are a new parent of a special needs child or anyone dealing with a special needs child and you would like to get together for support and friendship, at a challenging time in our lives, please phone and have a chat.

The greatest fear is the unknown and if we can support each other and our special little souls, I'm hoping it could assist in a time of need.

***Meets last Saturday of each month
at the Toy Library, Alice Springs
Phone Sharon, on (08) 8952 5873
Or Mobile 0448 341 266 for details
Or feel free to attend***

Services at a glance

The Epilepsy Centre is a professional organisation committed to providing quality services to people living with epilepsy and improving community awareness and attitudes throughout South Australia and the Northern Territory.

Our Client Services Team is able to provide:

- Counselling
- Advocacy
- Care Planning
- Seizure First Aid
- Update training in use of emergency medications
- Support with quality use of Medicines

To do this we provide:

- Home visits
- Office visits
- Hospital visits
- Visits with you to your GP or Neurologist

Our Client Services Team also provides education and support to:

- People with epilepsy and their families/carers
- Workplace organisations
- Aged care facilities
- Essential services personnel i.e Police, Fire and Ambulance Officers
- Private and government employment organisations
- Schools, Child Care Centres, TAFE, and Universities

The Epilepsy Centre assists people with epilepsy and their families/carers as part of our commitment to enhancing the quality of life for people living with epilepsy.

If you would like to discuss any of these services further, please contact The Epilepsy Centre on 1300 850 081.

What a Bonanza!



The Epilepsy Centre congratulates all the winners of the Cash Bonanza Lottery, which was drawn on 20 August.

Pictured is our 1st Prize winner, ticket 4980, who was presented with the winning cheque of a cool \$30,000 by, from left to right, Adam Gould, who sold the winning ticket, John Barnett OAM, Treasurer of The Epilepsy Centre, our very happy Bonanza winner and the

CEO of The Epilepsy Centre, Robert Cole.

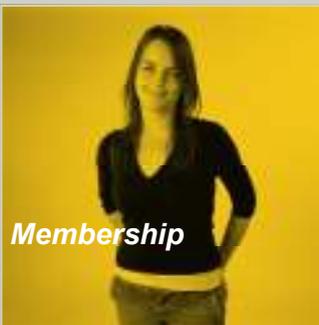
Our winner commented that it was the first time she had won anything, but she said that she was going to make sure that she was always in our lotteries from now on.

Lottery Sales Representatives

Our vibrant contact centre is always looking for talented and motivated sales people to join our team.

As a part of this team, you will assist The Epilepsy Centre to raise much needed funds. We have two shifts: a day shift from 9:00am—4:00pm and an afternoon shift from 4:30pm—8:30 pm.

Please direct all position enquiries to: Kirsten van der Linden on 8448 5600 or



Membership

Become a member and receive the following benefits:

- Access to our professional staff for advice on epilepsy
- Personal and family counselling, advocacy and guidance
- Loan of videos and books
- Use of our library as well as access to research papers on epilepsy and related conditions
- Referral to and information on a range of specialist community agencies
- Priority access to seminars, special offers, activities and camps
- Significantly reduced fees for camps and other activities provided by the Centre
- Access to our wide range of support groups

✂ Cut here

Membership application /renewal

Name _____
 Address _____

 _____ Postcode _____
 Phone _____
 Fax _____
 Email _____

Annual Membership Fee

(Renewable 1st July each year)

- Concession \$11.00
- Family \$22.00
- Single \$22.00
- Support Organisation \$22.00
- Other Organisation \$22.00

(GST included)

Membership fee enclosed \$ _____

I wish to make a **Donation** of \$ _____

Donations over \$2.00 are tax deductible

Total enclosed \$ _____

Please find enclosed cheque/money order or

Debit \$ _____ from my

- Visa Mastercard AMEX Diners

No _____/_____/_____/_____/_____

Expiry Date _____

Signature _____

✂ Cut here



Yes, I want to help people living with Epilepsy!

I'd like to become a Club Champion of people with Epilepsy with my regular gift of \$ _____

- Monthly Quarterly Six monthly Annually

I authorize the Epilepsy Association of South Australia and the Northern Territory Inc to deduct the above amount from my credit card on receipt of this form and on the same day each succeeding period. This authority is valid until revoked in writing by myself or the Association

or

I'd prefer to make a gift of \$ _____

Please find enclosed my cheque/money order made payable to The Epilepsy Centre

Please debit my Visa Bankcard Mastercard AMEX Diners

Expiry Date ____/____/____

Name on card _____ Signature _____

Title _____ First Name _____ Surname _____

Address _____

Suburb _____ Postcode _____

Phone () _____

Email _____

Donations of \$2.00 and over are tax deductible

Editor: Robert Cole

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Deadline for submissions for next edition: 30 October 2008